**HFR Badminton Level 1 Test /20**

Bishop Carroll High School

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ TA:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ HFR Level:\_\_\_\_\_\_\_\_**

# TRUE OR FALSE: Please record a T for true or a F for false in the blank space provided.

\_\_\_\_\_\_\_\_ 1. Badminton was first introduced as a full medal event at the 1988 Olympics in Seoul, South Korea.

\_\_\_\_\_\_\_\_ 2. In team championships, men compete for the Uber Cup.

\_\_\_\_\_\_\_\_ 3. When serving, if the shuttle touches the net, the service is considered good, as long as it lands in the appropriate service area.

\_\_\_\_\_\_\_\_ 4. If the server, is attempting to serve, misses the shuttle, it is not a fault.

\_\_\_\_\_\_\_\_ 5. In singles, the first serve is always from the server’s left-hand court.

\_\_\_\_\_\_\_\_ 6. In doubles, the first service of a side in each inning shall be made from the right- hand service court.

\_\_\_\_\_\_\_\_ 7. The side winning a rally adds a point to its score.

\_\_\_\_\_\_\_\_ 8. At 20 ALL, the side which gains a 2 point lead first, wins that game.

\_\_\_\_\_\_\_\_ 9. You can serve overhand in badminton.

\_\_\_\_\_\_\_\_ 10. If the serve lands on the short service line, it is considered a good serve.

**MULTIPLE CHOICE: Please circle the correct answer.**

11. When serving, the shuttle at the instant of being struck, must be lower than what part of your body?

1. the server’s waist
2. the top of the hip
3. the opponent’s waist
4. the opponent’s hip

12. Of the following, which is the best phrase to describe the doubles playing court after the serve?

1. long and narrow
2. short and narrow
3. short and wide
4. long and wide

13. The deep, high serve is generally best to use

1. when playing doubles
2. when playing a very quick opponent
3. when playing a very slow opponent
4. When playing singles

14. In badminton, this hit is a hit that is lightly tapped over the net and lands softly just over the net in the opponent’s court.

1. Smash
2. Clear
3. Drive
4. Drop

15. In Badminton the birdie may only be hit \_\_\_\_\_\_ times(s) on each side of the court.

1. 1
2. 2
3. 3
4. 4

16. In badminton, this hit is a high, deep hit that sends the opponent to the back of the court so you can establish better position in your court.

1. Smash
2. Clear
3. Drive
4. Drop

17. If the score is 8-3 for you, what side of the court should you serve from?

1. Left
2. Right
3. Back
4. Front

18. If it is unclear if a birdie landed in or out, or something rolls on the court during the game, how should you handle this situation?

1. Call a let and have the team re-serve
2. Argue until someone wins
3. Ask a bystander
4. Keep playing

19. Which of the following can legally touch the net?

1. Racquet
2. Birdie
3. Players Body
4. Players Clothing

20. What is the difference between the overhead clear, the drop and the smash shots?

1. Foot positioning
2. Flick of the wrist
3. Where you stand on the court
4. Contact point between the birdie and racquet